

The Northern Lights Pre-School

“Committed to safeguarding and promoting the welfare of children and young people”.

Home Learning Environment:

Keeping your child safe on the Internet

Many young children are using electronic devices at home. The internet can be a fun and educational tool to explore but it is important to make informed choices to keep your child safe. You can:

- Set parental controls on your home broadband. This will allow you to manage what your child sees and does.
- Set passwords on all your devices and make sure that you do not share these with your child.
- Only allow children access to the Internet in family areas.
- Set the home screen of the web browser to a child friendly site that your child enjoys.
- Allow your child to access only child-safe search engines and apps.



Planting:

Children will learn about gardening and planting. They will gain a greater understanding of the world around them. They will learn about plants' growth and they will also plant their own grains. There is a wealth of books that relate to lifecycle to support the topic.



Life Cycle Song to practice at home:

I'm a little bean (Sing to the tune of "I'm a little teapot ")

- | | | |
|--|------------------------------|---------------------------------------|
| 1. I'm a little bean
small and round | 3. Sprinkle me
with water | 5. Watch me
grow as
tall as you |
| 2. Bury me deep
into the soft
ground | 4. Sunshine
too, | |

We are from: The Middle East

To further support our children's cultural awareness and to celebrate our cultural diversity in preschool, this half-term, children will be given the opportunity to learn more about countries from the Middle-East. They will learn how to count and greet in Arabic and take part in various cooking activities.

Reminders:

Winter Weather

During the winter season, all children need to be dressed appropriately for the weather. Please ensure they wear a **coat, hat, scarf and gloves or mittens** with appropriate foot wear such as boots or trainers.

Please remember that we encourage as much outdoor and exploratory play as possible, so clothes will often get dirty. We therefore advise parents not to put children in their best attire for preschool and to send a set of spare clothes.

Absences

In case of absences, can you please contact the preschool at the beginning of the session: 01422 251925 or 07449 980734.

Safeguarding

All safeguarding concerns should be reported to the Designated Safeguarding Lead, Mrs M'Linde or in her absence to the Deputy Safeguarding Lead, Mrs Shabana.

Special Education Needs and/or Disabilities (SEND):

If you have any concerns or would like to discuss your child's development. You can contact you child key person and the SEND co-ordinator, Mrs M'Linde.

Parking

Reminder to all parents to park safely when dropping or collecting your children. Please avoid parking at the entrance of preschool. It is preferable that you park your car further away and walk to preschool as it can be difficult and dangerous to manoeuvre near the preschool entrance.

Home Learning Environment:

You can support home learning by taking time out to read with them every day to enrich their educational achievement.

For school readiness, please encourage your child to independently put on their coat and shoes, blow their nose, wash their hands and attend to their toileting needs.

Tapestry Online Journal

Reminder to take a look at what your child has been doing at preschool. And you can also share what they are up to at home and outdoors.

Let's be active!

Please encourage your child to take part in various activities to help them reach important health, learning and wellbeing milestones. You can visit 50 Things To Do website for a list of low or no cost ideas for play.

Examples of activities: *treasure basket, making music, picnic, growing plants, bus ride, train ride, nature walk, post a letter...*

<https://50thingstodo.org/>



Upcoming Events to add to your Diary:

19/20th March 2026: (TBC)

Eid Closure

Tuesday 24th March 2026:

Eid Celebration: Let's celebrate together

A message will be sent with further details closer to time.

Friday 27th March 2026 (end of session)

Spring Holiday: Preschool closure

Monday 13th April 2026:

Preschool re-opens

Show and Tell

Every Tuesdays

'Show and Tell' is a simple speaking and listening activity that we encourage all children to take part in. This language activity helps to build effective communication and listening skills. It also encourages personal, social and emotional development, as children share their interests, home lives and experiences with their peers.

- ❖ Tuesday 24th February 2026:
A holiday souvenirs
- ❖ Tuesday 3rd March 2026:
An item that is rectangle
- ❖ Tuesday 10th March 2026:
Something with a number
- ❖ Tuesday 17th March 2026:
Something green
- ❖ Tuesday 24th March 2026:
Wear your Eid or celebration clothes