

The Northern Lights Pre-School

“Committed to safeguarding and promoting the welfare of children and young people”.

Happy to be back!

Children are settling into their preschool routine. We are very proud of them!

A special thank you to all our parents/carers, for your continued support and we hope this year will be a successful and enjoyable one!

Home Learning Environment:

You can support home learning by taking time out to read with them every day to enrich their educational achievement.

For school readiness, please encourage your child to independently put on their coat and shoes, blow their nose and attend to their toileting needs.

Toilet Training



Well done to all our newly toilet trained pre-schoolers!

We strongly encourage all parents to toilet train their child if they are ready as this is part of their self-care development. Please be assured we will support them as much as we can on their toilet training journey.

For further information, you can access this following link:

<https://eric.org.uk/potty-training/>

All About Me:

In order to better know our children and their current interests, this term our topic will be 'All about Me'. Children will be supported to talk about themselves: how they look, what they enjoy doing, their favourite food, book, toys, outing... This will help their key person plan activities based upon their interests.

Seasons

Children are excited to talk about the change they have observed in their environment. Practitioners have planned various activities around the end of the summer season and the autumn season to sparkle children's curiosity about their surroundings.

Rhymes & Songs:

To support children's communication and language development, children will continue to sing and learn the regular nursery rhymes as well as autumn rhymes to further develop their vocabulary.

You can practice one of their new favourite rhyme at home ('Are you sleeping?' tune):

Say "Good morning", say
"Good morning".

"How are you?" "How are
you?"

Time to start our day now,
Time to start our day now,
Lots to do, lots to do!

Say "Good morning", say
"Good morning".

Everyone, everyone.

Now the day is starting,
Now the day is starting,
Let's have fun, let's have fun!



Reminders;

Autumn Weather

Due to the change in season and weather, please ensure your child is wearing appropriate clothing for the weather. We are planning on taking more trips to the park and walks in the local area.

Absences

In case of absences, can you please contact the preschool at the beginning of the session: 01422 251925 or 07449 980734. It is very important that you inform us of your child's absence.

Safeguarding

All safeguarding concerns should be reported to the Designated Safeguarding Lead, Mrs M'Linde or in her absence to the Deputy Safeguarding Lead, Mrs Shabana.

Special Education Needs and/or Disabilities (SEND):

If you have any concerns or would like to discuss your child's development. You can contact you child key person and the SEND co-ordinator, Mrs M'Linde.

Parking

Reminder to all parents to park safely when dropping or collecting your children. Please avoid parking at the entrance of preschool. It is preferable that you park your car further away and walk to preschool as it can be difficult and dangerous to manoeuvre near the preschool entrance.



Show and Tell

Every Tuesdays

'Show and Tell' is a simple speaking and listening activity that we encourage all children to take part in. This language activity helps to build effective communication and listening skills. It also encourages personal, social and emotional development, as children share their interests, home lives and experiences with their peers.

- ❖ Tuesday 9th September 2025:
Holiday souvenirs
- ❖ Tuesday 16th September 2025:
Family Picture
- ❖ Tuesday 23rd September 2025:
Something brown
- ❖ Tuesday 30th September 2025:
An item with a number on it
- ❖ Tuesday 7th October 2025:
An autumn drawing
- ❖ Tuesday 14th October 2025:
An object that is round

Upcoming Events to add to your Diary:

Friday 17th October 2025: Half-term Break

Preschool will close at the end of the session

Monday 3rd November 2025: Preschool re-opens for children

Please check our preschool calendar prior to plan your holidays.

<https://northernlightspreschool.co.uk/parents/calendar/>